# Growing & Caring For Ourselves Key Stage 1

## Scheme of Work

Word Box: Clean, similar, different, family, boy, girl, male, female, private parts, penis, vagina

Programmes	of
Study	

PSHE Framework 3b to maintain personal hygiene

3d about the process of growing from young to old and how people's needs change

3e the names of the main parts of the body

4c to identify and respect the differences and similarities between people

4d that family and friends should care for each other

Science Attainment Targets identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense

## Learning Intentions and Learning Outcomes

Learning Intention
To understand some basic hygiene principles
Learning Outcomes
Know how to keep clean and look after oneself

### Lesson Title

Lesson 1
Keeping Clean

#### Resources

Talking object
Story bag containing sponge, toothbrush and soap
(and a school jumper or shirt if available)
Keeping Clean pictures

#### Learning Intention

To introduce the concept of growing and changing Learning Outcomes Understand that babies become children and then adults Know the differences between boy and girl babies

# Lesson 2 Growing and Changing

Talking object
Story bag containing <u>Pictures of newborn babies</u>
<u>Lifecycle picture cards</u>
<u>Lifecycle word cards</u>
<u>Lifecycle whiteboard summary</u>

#### Learning Intention

To explore different types of families and who to ask for help Learning Outcomes Know there are different types of families Know which people we can ask for help

### Lesson 3 Families and Care

Talking object
Story bag - containing plaster and skipping rope
Families pictures
The Family Book, Todd Parr

Additional Activities Suggested reading: Happy Families, Allan Ahlberg Who's in a Family? Robert Skutch